Accountability Sheet

Check yourself before you wreck yourself

	1	2	3	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Total Points
Salah (in the Masjid)																																	
Fajr																																	
Dhuhur																																	
Asr																																	
Maghrib																																	
Isha																																	
All Sunnah Prayers (12 Rakas)																																	
Qyiam Prayers																																	
Thikr of Allah (Subhan Allah, Alhamdu li Allah, la llaha illa Allah)																																	
Salah on the Prophet (How many?)																																	
Istighfar (How many?)																																	
Quran																																	
Recite (pages/day)																																	
Quran Memorization (verses Per Day)																																	
Surah Al-Kahf on Friday																																	
Donating (Time or Money)																																	
Zakat or Sadaqa																																	
Visted a sick person/Went to Janaza prayer/Helped someone																																	
Fasting																																	
Islamic Knowledge (did you read any books or attend any classes?)																																	
Family																																	
Called or Visited Parents																																	
Called or visited a family member																																	
Are you kind to your spouse and kids? Do you say "I love you"																																	
Do you smile?																																	
Are you Patient?																																	
Do you get angry?																																	
Do you always tell the truth?																																	